

FLORIDA HIP PRESERVATION SOCIETY



SPEAKERS & AGENDA

Florida Hip *Symposium*

Collaborative Hip Care

Hosted by the Florida Hip Preservation Society

FEBRUARY 26–28, 2027

HUTCHINSON SHORES RESORT & SPA · JENSEN BEACH, FLORIDA



Florida Hip
Symposium

COLLABORATIVE HIP CARE

COLLABORATIVE HIP CARE



FEATURED FACULTY, IN ORDER OF PRESENTATION

SPEAKER 01

Michael Voight

PT, DHSc, SCS, OCS, ATC, CSCS, FAPTA

FAI: Anatomy, Etiology and Diagnosis

SPEAKER 02

Emily Barton

PT, DPT, Cert-DN

Conservative Management of FAI

SPEAKER 03

Zachary McVicker

MD

Clinical Decision Making and Surgical Management

SPEAKER 04

Alex Vandegrift

PT, DPT, CSCS

Post-Operative Management of the FAI Patient

SPEAKER 05

Ashley Campbell

PT, DPT, CSCS

The Rehab Toolbox: Modalities for the Hip Patient

SPEAKER 06

Carl R. Freeman

MD

Hip Dysplasia: Diagnosis and Surgical Management

SPEAKER 07

Drew Heideman

PT, MPT, ATC, LAT, PES

Hip Dysplasia: Post-Operative Management

SPEAKER 08

Bryan Graham

MPT, XPS, BFR-C

Microinstability: Does It Exist and Management

SPEAKER 09

Eduardo N. Novais

MD

Advancements in Imaging

SPEAKER 10

Sandra Sandhu-Restaino

DO

Pelvic Floor and Hip Connection

SPEAKER 11

Laura Bunso

PT, MTC

Pelvic Floor Management in the Hip Patient

SPEAKER 12

Kate N. Jochimsen

PhD, ATC

Psychology of the Hip Patient

SPEAKER 13

Matthew C. Mai

MD

Hip-Spine Puzzle

SPEAKER 14

Luke S. Spencer-Gardner

MD

Lunch Workshop: Peritrochanteric Hip Pathology Management

SPEAKER 15

William C. Meyers

MD

CMI: Etiology and Diagnosis

SPEAKER 16

Alexander E. Poor

MD

Surgical Management of CMI

SPEAKER 17

Cara Marzano

PT, DPT, CKTP, ITPT, IADN-Cert

Core Muscle Repair: Postop Management and Return to Sport



Welcome & Opening Banquet

Friday, February 26, 2027

1:00 – 4:30 PM Registration Opens

5:00 – 6:30 PM Welcome Cocktail Reception

6:00 – 7:00 PM Exhibition Hall Open

7:00 – 9:00 PM Banquet & Keynote Address

7:15 PM Opening Remarks
Bryan Graham, MPT, XPS, BFR-C — President • Carl R. Freeman, MD —
Event Chair

FEATURED KEYNOTE SPEAKER

FRIDAY, 7:30 PM - BANQUET KEYNOTE ADDRESS

To Be Determined

*Welcome to Jensen Beach, Florida — let the weekend of collaborative
hip care begin.*



Scientific Program — Morning

Saturday, February 27, 2027

7:30 AM Breakfast & Exhibition Hall

1 MODULE 1 — FEMOROACETABULAR IMPINGEMENT

Moderator: Lyall J. Ashberg, MD, FAAOS

8:00 AM FAI: Anatomy, Etiology and Diagnosis
Michael Voight, PT, DHSc, SCS, OCS, ATC, CSCS, FAPTA

8:20 AM Conservative Management of FAI
Emily Barton, PT, DPT, Cert-DN

8:40 AM Clinical Decision Making and Surgical Management
Zachary McVicker, MD

9:00 AM Back to Life, Back to Play After Labrum Repair
Alex Vandegrift, PT, DPT, CSCS

9:20 AM The Rehab Toolbox: Modalities for the Hip Patient
Ashley Campbell, PT, DPT, CSCS

9:40 AM Break — Exhibition Hall

2 MODULE 2 — DYSPLASIA, IMAGING & THE WHOLE PATIENT

Moderator: Michael G. Rizzo Jr., MD

10:00 AM Hip Dysplasia: Etiology and Surgical Management
Carl R. Freeman, MD

10:20 AM Hip Dysplasia: Post-Operative Considerations and Outcomes
Drew Heideman, PT, MPT, ATC, LAT, PES

10:40 AM Microinstability: What Is It and Management
Bryan Graham, MPT, XPS, BFR-C

11:00 AM Advancements in Imaging for the Hip Patient
Eduardo N. Novais, MD

11:20 AM Psychology of the Hip Patient
Kate N. Jochimsen, PhD, ATC

11:40 AM Break — Exhibition Hall

12:00 – 1:00 PM Lunch Workshop: Peritrochanteric Space Management
Luke S. Spencer-Gardner, MD



Scientific Program — Afternoon

Saturday, February 27, 2027

3

MODULE 3 — THE HIP-SPINE & PELVIC FLOOR CONNECTION

Moderator: Ashley Campbell, PT, DPT, CSCS

1:20 PM

Navigating the Hip-Spine Maze
Matthew C. Mai, MD

1:40 PM

Conservative Management of IFI
Bryan Graham, MPT, XPS, BFR-C

2:00 PM

The Pelvic Floor and Hip Feud
Sandra Sandhu-Restaino, DO

2:20 PM

Balancing the Pelvic Floor-Hip Seesaw
Laura Bunso, PT, MTC

2:40 PM Break — Exhibition Hall

4

MODULE 4 — CORE MUSCLE INJURY

Moderator: Bryan Graham, MPT, XPS, BFR-C

3:00 PM

Solving the Mystery of the Core Muscle Triangle
William C. Meyers, MD

3:20 PM

Core Muscle Repair / Adductor-Abductor Ratio
Alexander E. Poor, MD & VALD

3:40 PM

Return to Sport Post Core Muscle Repair
Cara Marzano, PT, DPT, CKTP, ITPT, IADN-Cert

DEBATE

4:00 PM

The Main Event!

Team Apollo vs. Team Rocky — five minutes a side to state their case

TEAM APOLLO

Carl R. Freeman, MD • Luke S. Spencer-Gardner, MD •
Michael G. Rizzo Jr., MD

TEAM ROCKY

Zachary McVicker, MD • Eduardo N. Novais, MD •
Matthew C. Mai, MD

ROUND 1

Borderline Dysplasia

Apollo: Scope Only

Rocky: PAO

ROUND 2

Combined Pathologies

Apollo: PAO

Rocky: PAO/Scope

ROUND 3

Young Adult Mild OA Hip

Apollo: Total Hip Replacement

Rocky: Scope



Hands-On Skills Lab

Sunday, February 28, 2027

SUNDAY MORNING | HANDS-ON PROGRAM

Cadaver Skills Lab

Hands-on, small-group instruction on current hip preservation technique and instrumentation.

PRESENTED BY

Smith+Nephew

February 28, 2027

7:30 AM

Breakfast

1

MODULE 1 – SURGICAL SKILLS LAB

8:00 AM – NOON

Smith+Nephew Surgical Skills Lab

MODULE 2 SCHEDULE CONTINUES ON THE FOLLOWING PAGE





Hands-On Skills Lab - Continued

Sunday, February 28, 2027

2

MODULE 2 - MULTIDISCIPLINARY SKILLS LAB

8:30 AM - NOON PT, PTA, ATC and Non-Surgical Physicians Skills Lab

8:30 AM Getting Started with Imaging

Carl R. Freeman, MD and Thomas Byrd, MD

9:00 AM The Exam: Subjective and History

Ryan Roach, MD

Clinical Testing: Four 15-minute rotating sessions

FAI Basics - Drew Heideman, PT, MPT, ATC, LAT, PES

Microinstability - Ashley Campbell, PT, DPT, CSCS

Hip-Spine - Bryan Graham, MPT, XPS, BFR-C

Core Muscle Injury - To Be Determined

Clinical Decision Making

When to Send to a Surgeon - Michael Voight, PT, DHSc, SCS, OCS, ATC, CSCS, FAPTA

Patient Selection / Surgical Planning - Thomas Byrd, MD

10:30 AM Break

10:45 AM Case Studies

Moderator: Bryan Graham, MPT, XPS, BFR-C

Panel: Carl R. Freeman, MD; Ryan Roach, MD; Thomas Byrd, MD; Ashley Campbell, PT, DPT, CSCS; and Michael Voight, PT, DHSc, SCS, OCS, ATC, CSCS, FAPTA

11:15 AM Real Patient Stories

11:45 AM Closing Comments



WITH GRATITUDE

Thank you for being part of
the Florida Hip Symposium.

Your expertise, curiosity, and collaboration
move hip preservation forward for every patient we serve.

