FLORIDA HIP PRESERVATION SOCIETY

SPEAKERS & AGENDA

Florida Hip *Symposium*

Collaborative Hip Care

Hosted by the Florida Hip Preservation Society

FEBRUARY 26–28, 2027

HUTCHINSON SHORES RESORT & SPA · JENSEN BEACH, FLORIDA

Florida Hip Symposium
COLLABORATIVE HIP CARE

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FEATURED FACULTY, IN ORDER OF PRESENTATION

SPEAKER 01
Michael Voight
PT, DHSc, SCS, OCS, ATC, CSCS, FAPTA
FAI: Anatomy, Etiology and Diagnosis

SPEAKER 02
Emily Barton
PT, DPT, Cert-DN
Conservative Management of FAI

SPEAKER 03
Zachary McVicker
MD
Clinical Decision Making and Surgical Management

SPEAKER 04
Alex Vandegrift
PT, DPT, CSCS
Post-Operative Management of the FAI Patient

SPEAKER 05
Ashley Campbell
PT, DPT, CSCS
The Rehab Toolbox: Modalities for the Hip Patient

SPEAKER 06
Carl R. Freeman
MD
Hip Dysplasia: Diagnosis and Surgical Management

SPEAKER 07
Drew Heideman
PT, MPT, ATC, LAT, PES
Hip Dysplasia: Post-Operative Management

SPEAKER 08
Bryan Graham
MPT, XPS, BFR-C
Microinstability: Does It Exist and Management

SPEAKER 09
Laura Bunso
PT, MTC
Pelvic Floor Role in Hip Stability

SPEAKER 10
Sandra Sandhu-Restaino
DO
Pelvic Floor and Hip Connection

SPEAKER 11
Eduardo N. Novais
MD
Advancements in Imaging

SPEAKER 12
Kate N. Jochimsen
PhD, ATC
Psychology of the Hip Patient

SPEAKER 13
Matthew C. Mai
MD
Hip-Spine Puzzle

SPEAKER 14
Luke S. Spencer-Gardner
MD
Lunch Workshop: Peritrochanteric Hip Pathology Management

SPEAKER 15
William C. Meyers
MD
CMI: Etiology and Diagnosis

SPEAKER 16
Alexander E. Poor
MD
Surgical Management of CMI

SPEAKER 17
Cara Marzano
PT, DPT, CKTP, ITPT, IADN-Cert
Core Muscle Repair: Postop Management and Return to Sport

Welcome & Opening Banquet

Friday, February 26, 2027

1:00 – 4:30 PM	Registration Opens
5:00 – 6:30 PM	Welcome Cocktail Reception
6:00 – 7:00 PM	Exhibition Hall Open
7:00 – 9:00 PM	**Banquet & Keynote Address**
7:15 PM	Opening Remarks Bryan Graham, MPT, XPS, BFR-C — President • Carl R. Freeman, MD — Event Chair

FEATURED KEYNOTE SPEAKER

FRIDAY, 7:30 PM - BANQUET KEYNOTE ADDRESS

To Be Determined

Welcome to Jensen Beach, Florida — let the weekend of collaborative hip care begin.

Scientific Program — Morning

Saturday, February 27, 2027

- ***7:30 AM*** *Breakfast & Exhibition Hall*

1 MODULE 1 — FEMOROACETABULAR IMPINGEMENT

Moderator: Lyall J. Ashberg, MD, FAAOS

8:00 AM	FAI: Anatomy, Etiology and Diagnosis	Michael Voight, PT, DHSc, SCS, OCS, ATC, CSCS, FAPTA
8:20 AM	Conservative Management of FAI	Emily Barton, PT, DPT, Cert-DN
8:40 AM	Clinical Decision Making and Surgical Management	Zachary McVicker, MD
9:00 AM	Back to Life, Back to Play After Labrum Repair	Alex Vandegrift, PT, DPT, CSCS
9:20 AM	The Rehab Toolbox: Modalities for the Hip Patient	Ashley Campbell, PT, DPT, CSCS

- *9:40 AM Break — Exhibition Hall*

2 MODULE 2 — DYSPLASIA, IMAGING & THE WHOLE PATIENT

Moderator: Michael G. Rizzo Jr., MD

10:00 AM	Hip Dysplasia: Etiology and Surgical Management	Carl R. Freeman, MD
10:20 AM	Hip Dysplasia: Post-Operative Considerations and Outcomes	Drew Heideman, PT, MPT, ATC, LAT, PES
10:40 AM	Microinstability: What Is It and Management	Bryan Graham, MPT, XPS, BFR-C
11:00 AM	Pelvic Floor Role in Hip Stability	Laura Bunso, PT, MTC
11:20 AM	The Pelvic Floor and Hip Feud	Sandra Sandhu-Restaino, DO

- *11:40 AM Break — Exhibition Hall*

12:00 – 1:00 PM **Lunch Workshop: Peritrochanteric Space Management**
Luke S. Spencer-Gardner, MD

Scientific Program — Afternoon

Saturday, February 27, 2027

3 MODULE 3 — THE HIP-SPINE & PELVIC FLOOR CONNECTION

Moderator: Ashley Campbell, PT, DPT, CSCS

1:20 PM	Navigating the Hip-Spine Maze	Matthew C. Mai, MD
1:40 PM	Conservative Management of IFI	Bryan Graham, MPT, XPS, BFR-C
2:00 PM	Advancements in Imaging for the Hip Patient	Eduardo N. Novais, MD
2:20 PM	Psychology of the Hip Patient	Kate N. Jochimsen, PhD, ATC

- *2:40 PM Break — Exhibition Hall*

4 MODULE 4 — CORE MUSCLE INJURY

Moderator: Bryan Graham, MPT, XPS, BFR-C

3:00 PM	Solving the Mystery of the Core Muscle Triangle	William C. Meyers, MD
3:20 PM	Core Muscle Repair / Adductor-Abductor Ratio	Alexander E. Poor, MD & VALD
3:40 PM	Return to Sport Post Core Muscle Repair	Cara Marzano, PT, DPT, CKTP, ITPT, IADN-Cert

DEBATE

4:00 PM

The Main Event!

Team Apollo vs. Team Rocky — five minutes a side to state their case

TEAM APOLLO
Carl R. Freeman, MD • Luke S. Spencer-Gardner, MD • Michael G. Rizzo Jr., MD

TEAM ROCKY
Zachary McVicker, MD • Eduardo N. Novais, MD • Matthew C. Mai, MD

ROUND 1
Borderline Dysplasia
Apollo: Scope Only
Rocky: PAO

ROUND 2
Combined Pathologies
Apollo: PAO
Rocky: PAO/Scope

ROUND 3
Young Adult Mild OA Hip
Apollo: Total Hip Replacement
Rocky: Scope

Hands-On Skills Lab

Sunday, February 28, 2027

SUNDAY MORNING | HANDS-ON PROGRAM

Cadaver Skills Lab

Hands-on, small-group instruction on current hip preservation technique and instrumentation.

PRESENTED BY

Smith+Nephew

February 28, 2027

7:30 AM *Breakfast*

1 MODULE 1 - SURGICAL SKILLS LAB

8:00 AM - NOON	Smith+Nephew Surgical Skills Lab

MODULE 2 SCHEDULE CONTINUES ON THE FOLLOWING PAGE

Hands-On Skills Lab - Continued

Sunday, February 28, 2027

2 MODULE 2 - MULTIDISCIPLINARY SKILLS LAB

8:30 AM - NOON PT, PTA, ATC and Non-Surgical Physicians Skills Lab

8:30 AM Getting Started with Imaging

Carl R. Freeman, MD and Thomas Byrd, MD

9:00 AM The Exam: Subjective and History

Ryan Roach, MD

Clinical Testing: Four 15-minute rotating sessions

- FAI Basics - Drew Heideman, PT, MPT, ATC, LAT, PES
- Microinstability - Ashley Campbell, PT, DPT, CSCS
- Hip-Spine - Bryan Graham, MPT, XPS, BFR-C
- Core Muscle Injury - To Be Determined

Clinical Decision Making

- When to Send to a Surgeon - Michael Voight, PT, DHSc, SCS, OCS, ATC, CSCS, FAPTA
- Patient Selection / Surgical Planning - Thomas Byrd, MD

10:30 AM Break

10:45 AM Case Studies

Moderator: Bryan Graham, MPT, XPS, BFR-C

Panel: Carl R. Freeman, MD; Ryan Roach, MD; Thomas Byrd, MD; Ashley Campbell, PT, DPT, CSCS; and Michael Voight, PT, DHSc, SCS, OCS, ATC, CSCS, FAPTA

11:15 AM Real Patient Stories

11:45 AM Closing Comments

Thank You

WITH GRATITUDE

Thank you for being part of **the Florida Hip Symposium.**

Your expertise, curiosity, and collaboration
move hip preservation forward for every patient we serve.